

# INDEPENDENT LIVING SKILLS

Independent Living Skills (ILS) are designed for students who aren't ready for mainstream education.

Programmes are tailored to meet the needs of individual learners, accommodating their abilities and aspirations. You'll develop the skills focusing on health and wellbeing, employability, independent living and community inclusion.

Many of our ILS learners go on to study a vocational course after completing the programme.

There are two pathways to choose from:

## Employability Courses

You'll learn the skills needed for employment including communication, teamwork and sector specific knowledge. By taking part in work experience, you'll explore different careers until you find the right one for you, receiving coaching on the job.

## Living Skills Courses

Focusing on improving self-confidence and independence, you'll work to a bespoke timetable that's suited to your exact needs. You'll learn soft skills that are required by employers, e.g. responsibility, teamworking and self-motivation.

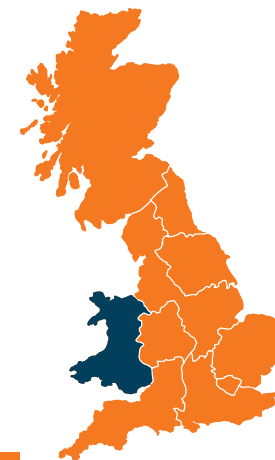
## Useful links

[www.pluss.org.uk](http://www.pluss.org.uk) Community Interest Company that supports thousands of people with disabilities  
[www.coleggwent.ac.uk/ils](http://www.coleggwent.ac.uk/ils) information on the ILS courses available at Coleg Gwent



MANY OF OUR ILS STUDENTS GO INTO MAINSTREAM EDUCATION INCLUDING CATERING AND ART

1,487,000 PEOPLE IN EMPLOYMENT IN WALES



(source BBC)

GOOD WORK ETHIC, COMMUNICATION SKILLS AND TIME MANAGEMENT ARE THE TOP THREE SOFT SKILLS MOST VALUED BY EMPLOYERS

(source EMSI Q1 2018 Dataset / Careers Wales)

## What can I study, and where?

	Level	B	C	N	T
Independent Living Skills	Entry	✓	✓	✓	✓
Preparation for Vocational Studies	Entry	✓	✓	✓	✓
Preparation for Supported Internship/ Workplacement	Entry	✓	✓	✓	✓
Supported Internship	Entry	✓	✓	✓	✓

Apply online today at [www.coleggwent.ac.uk](http://www.coleggwent.ac.uk) | [Hello@coleggwent.ac.uk](mailto:Hello@coleggwent.ac.uk) | 01495 333777 (Croesawn alwadau yn Gymraeg)



Campus key: B - Blaenau Gwent Learning Zone / C - Crosskeys Campus / N - Newport Campus / T - Torfaen Learning Zone

