

## VTCT Diploma in Aromatherapy for the Complementary Therapist Level 4



### In a nutshell

The VTCT Level 4 Diploma in Aromatherapy for the Complementary Therapist has been designed to develop further knowledge and understanding of advanced aromatherapy techniques and applications including your knowledge of additional oils and their therapeutic uses and the theories and practices for advanced applications of prescriptive aromatherapy.

### This course is for you if...

...you are a qualified complementary therapist

...you hold a Level 3 qualification in Aromatherapy including, Anatomy and Physiology

### What will I be doing?

Through this qualification you will develop your interpersonal skills while expanding your understanding of advanced aromatherapy. This qualification is designed to give you the



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essential knowledge to assist you to provide advanced therapeutic skills within a clinical setting.

During the course you will cover effective communication skills, prepare for Aromatherapy treatment and client assessment, treatment planning and blending, botanical science of plants, chemical composition of essential oils, Aromatherapy strategies, Aromatherapy massage, aftercare and homecare, advanced anatomy and physiology.

The units covered include:

Interpersonal skills for the complementary therapist  
Advanced anatomy and physiology for the complementary therapist  
Advanced Aromatherapy for the complementary therapist

Assessment is through the creation of a portfolio of evidence, written tests, observations and case studies to include reflective practice. You will be required to provide your own clients for case studies and carry out and document evidence for a minimum of 30 treatments (5 clients receiving 6 treatments each).

### **What is expected of me?**

You'll need to be self-motivated and driven, friendly with good interpersonal skills, demonstrate critical thinking skills, a good time manager and able to demonstrate excellent attendance and punctuality.

### **What comes next?**

This qualification is designed to lead employment in a variety of roles, either self employed, in a complementary therapy clinic, beauty or spa facilities or private practice. This qualification may also lead to employment within a hospital, hospice or other healthcare environments.

Whilst the primary purpose of this qualification is to prepare you for employment, you may choose to develop your knowledge and skills further by completing a specialist qualification at Level 4 in one or more of the following areas:

Apply online at [www.coleggwent.ac.uk](http://www.coleggwent.ac.uk)

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- VTCT Level 4 Diploma in Providing Therapies for Clients with Cancer or other Life Limiting Conditions
- VTCT Level 4 Diploma in Reflexology for the Complementary Therapist
- VTCT Level 4 Diploma in Massage for the Complementary Therapist

This qualification has been developed collaboratively with employers, professional associations and key stakeholders in the massage therapy sector. Because of this, the knowledge, skills and competencies gained will provide the best possible opportunity for progression into employment.

This qualification is formally supported by the following organisations:

- Federation of Holistic Therapists

### **Additional information**

You'll be required to wear a clinic uniform and suitable footwear.

The course fees include tuition and registration fees. Tuition fees are due at the time of booking/enrolment. If required, this can be by direct debit, over five instalments. If your employer is funding your course, confirmation of this in writing will be required so that the college can arrange to invoice them.

It is essential that you are able to provide suitable clients as case studies for your assessments.

### **Commercial and Business Advantages**

Aromatherapy treatment costs from £50 - £75 per hour and less if offering a course of treatments.

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