

## **COURSE INFORMATION LEAFLET**

# **Working at Heights Awareness**



#### In a nutshell

The Work at Height Regulations 2005 mean employers, the self-employed and anyone who controls the work of others (such as facilities managers or building owners) have a duty to ensure competent working at height. This course will give you the knowledge you need.

#### This course is for...

...anyone who works at height where there's risk of a fall liable to cause personal injury.

#### **Course content**

On this half-day (3 hour) course you'll be given an understanding of the importance of:

- Planning and organising work at height
- The need to assess risks from work at height and select and use appropriate work equipment



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- Properly managing the risks of working on or near fragile surfaces
- Inspecting and maintaining the equipment used for work at height

On completing the course you'll be awarded a Coleg Gwent certificate of attendance, and may progress to one of our accredited health and safety qualifications.

## **Entry Requirements**

There are no formal entry requirements.

### Additional information