

### HABC Award in First Aid at Work Level 3



#### In a nutshell

A comprehensive first aid course for anyone who wants to be an accredited first aider at work.

#### This course is for...

... Anyone who wants to become a First Aider in the workplace for the purposes of the Health and Safety (First Aid) Regulations 1981.

#### Course content

Taken over 3 days, this course covers a wide range of topics including:

The roles and responsibilities of the First Aider



## COURSE INFORMATION LEAFLET

Assessing an incident

Recognising signs and symptoms of injury and illness

Helping a casualty who is suffering from major injury and illness

Adult resuscitation CPR and the use of a defibrillator AED

Spinal injuries

Chemical injuries / attacks

Allergic reaction including anaphylaxis

Sprains, strains and dislocations

Asthma

Burns and scalds

Heart attack and angina

Head injuries

Minor and severe bleeding

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## COURSE INFORMATION LEAFLET

You'll undergo a practical assessment of competence, as well as needing to provide short responses to a prescribed series of questions. On successful completion, you'll be issued with a First Aid at Work Certificate, along with a wallet-sized plastic card detailing your qualification. The qualification will be valid for three years.

### Entry Requirements

There are no formal entry requirements

### Additional information

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