

## **COURSE INFORMATION LEAFLET**

# VTCT Certificate in Indian Head Massage Level 3



#### In a nutshell

This course has been specifically designed to develop your practical skills in how to provide the relaxing and stress relieving treatment of Indian Head Massage.

#### This course is for...

- ...those who are interested in Complementary and Holistic Therapies
- ...people who enjoy providing excellent service to the general public
- ...those who would like to become self employed or work in a clinic environment

#### **Course content**

In addition to developing your practical skills, you will obtain a sound knowledge of health and safety, client care and communication and anatomy and physiology.





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The units covered in this course include:

Client care and communication Health and Safety Practices in the salon Indian Head Massage Promote and sell products and services

You will develop your skills in providing Indian Head Massage treatments to a high standard and this will enable you to provide your own services for clients in a clinic or on a self-employed basis.

### **Entry Requirements**

There are no formal entry requirements however, good communication skills and a commitment to the course is essential.

#### Additional information

The qualification is approved and supported by BABTAC and is representative of employers in the sector.

On completion of the course there are opportunities for you to progress onto other Complementary Therapy evening courses such as:

Aromatherapy Reflexology Hot Stone Massage Body Massage

You will be required to wear black trousers, a black T-shirt and sensible black shoes however, a clinic uniform is available if you wish to purchase one. Information will be provided on the first evening of the course.

