

BTEC National Foundation Diploma in Sports Coaching and Development Level 3



In a nutshell

This course has a practical focus and you'll be actively encouraged to join the college's sport academies. This course will help you develop your knowledge to follow a career in this field.

This course is for you if...

- ...you have a keen interest in sport and physical health
- ...you want a practical course
- ...you want to develop knowledge to follow a career in this field

What will I be doing?

You'll study modules that may include:

Careers in the Sport and Active Leisure Industry
Health, Wellbeing and Sport
Developing Coaching Skills
Applied Coaching Skills
Research Project in Sport
Sport Development
Self-employment in Sport and Physical Activity
Sports Psychology
Nutrition for Physical Performance
Anatomy and Physiology in Sport
Sporting Injuries
Fitness Testing
Fitness Training
Technical and Tactical Skills in Sport
Rules, Regulations and Officiating in Sport
Practical Sports Application
Influence of Technology in Sport and Physical Activity
Organising Events in Sport and Physical Activities
Ethical and Current Issues in Sport
Marketing Communications
Corporate Social Responsibility in Sport

At our Torfaen Learning Zone & Bleanau Gwent Learning Zone Campuses, you'll also have the opportunity to study a Certificate in Sports Leadership and the Certificate in Fitness Instructing.

You'll be assessed through practical and written assignments, presentations, portfolio work and observation. On completion you'll achieve:

Level 3 Sports Coaching & Development
Appropriate supporting qualifications to broaden your skill set and meet the needs of industry

[Skills Activities](#)

[Maths and English](#) (if you haven't achieved a Grade C or above at GCSE level)

What is expected of me?

To enrol, you'll need a minimum of 5 GCSEs Grade C or above to include either Maths/Maths Numeracy or English/Welsh First Language or an appropriate Level 2 Diploma qualification at



COURSE INFORMATION LEAFLET

Merit Grade and either GCSE Grade C or above in Maths/Maths Numeracy or English/Welsh First Language.

Practical participation is essential in completing this course. Full commitment to attendance is required, as well as respect for others, enthusiasm for the subject and self-motivation.

What comes next?

Successful completion of the Year 1 Foundation Diploma will allow you to progress on to the second year and complete the full Extended Diploma.

From there, progression routes include University level courses and employment in the sport and leisure industry e.g. community coaching, the fitness industry and sports development.

Additional information

All learners have the opportunity to apply for Erasmus funding and visit a European country as part of their studies.

Apply online at www.coleggwent.ac.uk

studentrecruitment@coleggwent.ac.uk | 01495 333777 (Croesawn alwadau yn Gymraeg)

