

NEBOSH National General Certificate in Occupational Health and Safety



In a nutshell

Over 200,000 people hold a NEBOSH National General Certificate in Occupational Health and Safety. Why? Because it's the gold standard in health and safety qualifications.

Thousands of leading experts and organisations have helped to update the most widely respected health and safety qualification of its kind in the world. This means that it's designed to reflect the needs of today's employer, giving learners everything they need to know and do to make their workplace safer.

This course is available as part of a Personal Learning Account (PLA). PLA is an initiative from the Welsh Government which offers people the chance to access free, part-time courses with flexible and convenient learning that fits around their existing lifestyle (subject to eligibility).

This course is for...

...anyone over 19, living in Wales, in employment and earning less than £29,534 a year.



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...anyone who requires a deeper understanding of workplace health and safety to progress their career.

Course content

Relevant to every workplace, the NEBOSH National General Certificate is ideal for managers, supervisors and anybody with health and safety management responsibilities. It's also perfect for those embarking on a health and safety career and gives a stepping stone to success.

Trusted by many prestigious organisations such as Thames Water, Kier and the Football Association, it can help to:

- Minimise workplace injuries and illness
- Boost employee wellbeing
- Demonstrate your commitment to health and safety, which can win business

Unit NG1: Management of Health and Safety

Element 1 - Why we should manage workplace health and safety

Element 2 - How health and safety management systems work and what they look like

Element 3 - Managing risk - understanding people and processes

Element 4 - Health and safety monitoring and measuring

Unit NG2: Risk Assessment

Element 5 - Physical and psychological health

Element 6 - Musculoskeletal health

Element 7 - Chemical and biological agents

Element 8 - General workplace issues

Element 9 - Work equipment

Element 10 - Fire

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Element 11 – Electricity

The updated course now consists of two assessments:

Unit NG1 (replacing NGC1) includes an open book exam, which you can complete at home.

Unit NG2 is a practical risk assessment, carried out at your workplace.

Entry Requirements

There are no formal requirements, however it is important that learners have a suitable standard of English language in order to understand and articulate the concepts contained in the syllabus.

Additional information

This course is delivered by virtual classroom. Virtual classrooms are equivalent to face-to-face classroom courses, but delivered in an online environment.

You will need to put aside 9 days to attend this course.

Please note that NEBOSH Exams only run on certain dates throughout the year.