

## HND Complementary Healthcare (with Practitioner status)



### In a nutshell

This course is an excellent opportunity to extend your learning and experience within the field of healthcare, enabling you to achieve Complementary Healthcare with Practitioner status.

There is a combination of theory and practical work on this course, with a strong emphasis on clinical work-based learning opportunities underpinning the programme.

On completion of the course, your HND is equivalent to the first two years of an undergraduate degree, so you should be eligible for direct entry to the final year of a three-year undergraduate degree in a related field.

### This course is for you if...

... You have a keen interest in complementary and holistic therapies and want to take your knowledge to the next level

... You aspire to work in a variety of sectors including private practice and the health industry



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... You want a mix of practical and theory-based/academic learning

## What will I be doing?

This programme is designed to enable you to graduate as a highly skilled, professionally accredited therapist, and apply your skills to the development of complementary healthcare provision and research. A strong emphasis on clinical work based learning opportunities underpins this programme.

The units that you will study include:

Year 1 Level 4 units

Anatomy and Physiology  
Introduction to Key Skills and Research  
Professional and Inter-professional Development  
Holistic Massage 1  
Holistic Massage 2  
Clinical Reflexology 1

Year 2 Level 5 units

Health Psychology and Wellbeing  
Research Methods  
Clinical Reflexology 2  
Clinical Aromatherapy 1  
Clinical Aromatherapy 2  
Professional and Clinical Practice

Final Award - HND in Complementary Healthcare with Practitioner Status

## What is expected of me?

The course will be delivered through a balanced programme of lectures, seminars, workshops, practicals and field visits. Guest lectures and external experts will also be involved in the delivery of the programme.

By joining the course, we expect you to fully commit to your programme of study and enjoy the opportunities that are ahead of you. The course will require you to read around the subject

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and be aware of current research in the field as you progress through your programme.

### **What comes next?**

Following completion of your HND course, you can further progress and complete an undergraduate degree in the field of complementary therapies.

Your HND is equivalent to the first two years of an undergraduate degree so you should be eligible for direct entry to the final year of a three-year undergraduate degree in a related field. Different universities will have different entry requirements in terms of the grade they require in your HND, so please check anticipated University entry requirements.

Alternatively, if you wish to go straight into work with your HND, you'll find that you can apply for more senior or more specialist roles within the sector.

### **Additional information**

This programme is awarded by Cardiff Metropolitan University.

You'll be required to wear a clinical uniform and appropriate footwear that can be purchased through the college. The cost of this will be a maximum of £100.

You'll also be required to apply and pay for a DBS check and this can also be arranged through the college.