

## Riding Skill Development - Basic Preparation for BHS Stage 1



### In a nutshell

This is a practical and theoretical course ideal for improving your knowledge of horse care and other aspects of the equestrian industry, in preparation for the BHS Stage 1 qualification.

### This course is for...

- ...anyone who owns a horse
- ...improving your riding skills
- ...working with horses on a farm or in a stables.

### Course content

During this course, you'll use the fantastic facilities at Usk Equestrian Centre, which is a British Horse Society (BHS) approved exam centre.



# COURSE INFORMATION LEAFLET

Each session includes a riding lesson covering:

- Basic riding position
- School movements at walk, trot and canter
- Riding without stirrups
- Working in a light seat
- Pole work

Basic care of horses including:

- Handling skills
- Horse health
- Feeding
- Basic stable management

You'll need to provide your own riding hat to current BHS standards, jodhpurs and boots.

While there's no formal qualification, the course will prepare you for the BHS Stage 1 assessment, after which you'll be able to progress on to Riding skill development – Preparation for BHS Stage 2.

## Entry Requirements

Before taking this course, you should have adequate riding skills and will need to have a riding assessment.

## Additional information

The course runs on a Wednesday 5.00pm – 8.00pm for a period of 10 weeks.

Apply online at [www.coleggwent.ac.uk](http://www.coleggwent.ac.uk)

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