

Creative Wellbeing and Art Practice



In a nutshell

This evening class offers you the opportunity to experience the pleasure of creativity and allows you to reconnect with your art practice. The course is structured to allow you to fully realise your ambitions within your art practice by focusing on a new project, developed via a guided walk with like-minded people, including photography, drawing, painting, discussion and idea development.

This course is for...

- ... People with a creative flair
- ... Those with a keen interest in photography, walking and art
- ... Anyone who wants to reignite a creative spark

Course content



COURSE INFORMATION LEAFLET

The classes will involve an informal and open discussion about your art practice with emphasis on previous work and idea development. There will be a guided walk in the beautiful local countryside, where you'll have the opportunity to photograph and sketch the environment, nature, flora and landscape. You'll also collect natural materials for workshops.

Some of the classes will be workshop based, exploring the cyanotype photographic process, and you'll embark on an illustration/drawing workshop. Both sessions will use imagery, items and sketches from the walk.

The course will allow you to explore your creative imagination via watercolour painting. You'll have the opportunity to paint and create using inspiration from the course to create something you will treasure. The course will culminate with an informal and open discussion about your art practice with emphasis on new ideas developed over the duration of the course.

Entry Requirements

There are no formal entry requirements for this course.

Additional information

The School of Creative Arts is offering a suite of courses on a Wednesday evening between 6-9pm throughout the year. Each course is running for 6 weeks, starting and ending on the same dates and the cost is £40 per course.

The courses we are currently offering are: Jewellery Making, Ceramics, Photography, 3D Printing, Print Making, Textiles, Creative Wellbeing and Arts Practice, DJ Skills Using Ableton Live, Performing Arts and Singing for Pleasure.

Clothing appropriate for activities is necessary. All other equipment will be supplied.

Apply online at www.coleggwent.ac.uk

studentrecruitment@colegwent.ac.uk | 01495 333777 (Croesawn alwadau yn Gymraeg)

