

## Foundation Degree Sports Coaching and Development



### In a nutshell

You'll learn about the skills required to plan and deliver community sports programmes and will have the opportunity to undertake a number of industry relevant placements.

### This course is for you if...

- ... You wish to pursue a career in community coaching and sports development
- ... You want a job in the health, sport and fitness industry
- ... You want a practical and theory-based course

### What will I be doing?

Coaching is vital to the development of sport at both the elite level and in community settings. Through a combination of academic study and practical learning, you'll develop an understanding of the coaching process, plus an awareness of the moral, ethical, environmental



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and legal issues that underpin best practice in the sports coaching and development environment. The course covers aspects in relation to of community sport development alongside developing your academic and research skills to support your studies.

You'll be taught through a combination of lectures, seminars, practical sessions and group work, and assessed through exams, assignments, practical assessments, presentations and projects. You'll also complete a work-based module, where you put what you learn in the classroom into practice in the workplace.

### What is expected of me?

To enter the course, you'll need a minimum of three GCSEs Grade C or above including Maths/Maths Numeracy and English Language (or equivalent). You would also need at least one of the following:

48 UCAS points - UCAS tariff calculator

<https://www.ucas.com/ucas/tariff-calculator>

Access to HE where you have achieved a Pass Diploma with 45 Passes

Please note that if you do not meet the grade criteria, then age and experience may be able to be taken into consideration.

### What comes next?

Employment in sports development, coaching, fitness instruction, or exercise and health promotion. With further study you may also become a physical education teacher.

There is an opportunity to top up to BSc (Hons) Sports Coaching or BA (Hons) Sports Development directly with USW following successful completion of your Foundation Degree in Sports Coaching and Development.

### Additional information

Lessons are delivered on Tuesdays and Thursdays, over two full days.

This course is franchised by the University of South Wales.

Kit required for the course: £39. Mandatory

Apply online at [www.colegwent.ac.uk](http://www.colegwent.ac.uk)

[studentrecruitment@colegwent.ac.uk](mailto:studentrecruitment@colegwent.ac.uk) | 01495 333777 (Croesawn alwadau yn Gymraeg)





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DBS (Disclosure Barring Service): £57. This is mandatory and needs to be put in place before the start of the programme.

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