

## HABC Award Emergency First Aid at Work Level 3



### In a nutshell

The ideal accredited qualification for first aiders, covering a wide range of topics and skills from assessing an incident and recognising signs and symptoms of injury and illness to first aid skills in CPR and use of an AED, providing first aid to a casualty who's choking and dealing with external bleeding and hypovolaemic shock. In line with HSE guidance, it qualifies work place emergency first aiders for 3 years, after which you'll need to retake the course. It's also recommended that you refresh your knowledge annually.

### This course is for...

...anyone wanting to become an emergency first-aider in the workplace ...training emergency first aiders in organisations that need staff trained to this level as part of their first aid needs assessment

### Course content

A 1-day course, the knowledge and skills covered include:



# COURSE INFORMATION LEAFLET

The role and responsibilities of a first aider  
Being able to assess an incident  
Providing first aid to an unresponsive casualty  
What to do if someone's choking  
Helping a casualty with external bleeding  
Knowing how to provide first aid to a casualty who's in shock  
Dealing with minor injuries

The qualification is assessed by two methods: practical observation throughout the course and a short response to set questions within a learner pack covering underpinning knowledge of first aid.

On successfully completing the course, you'll receive a HABC Level 3 Award in Emergency First Aid at Work.

## Entry Requirements

To register on this course, you'll need to be aged 16 or older, and should have a minimum of Level 1 in English and Maths.

## Additional information

Other courses that may be useful to first aiders include Level 3 Award in First Aid at Work and the Level 3 Award in Paediatric First Aid.

Apply online at [www.coleggwent.ac.uk](http://www.coleggwent.ac.uk)

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