

Preparation for BHS Stage 2 and Stage 3 Coaching



In a nutshell

This course is designed to prepare students for the BHS Equine Excellence 'Coaching Pathway' Stage 2 and 3 Coach Qualification.

As a Stage 2 Coach you will develop your skills in working with riders to establish basic riding skills on the flat and over fences. You'll work with riders on the lunge, lead rein and deliver a practical stable management session covering routine activities.

As a Stage 3 Coach you will develop your skills in working with riders to provide initial dressage guidance and flatwork coaching, and help riders work over grids, small courses and cross-country fences.

This course is for...

... Those looking to start the BHS Equine Coaching pathway

... Those wanting to develop their coaching skills to train and develop riders

Apply online at www.colegwent.ac.uk

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COURSE INFORMATION LEAFLET

... Coaches who enjoy inspiring others to be the best they can be

Course content

The Stage 2 Coach training will develop your skills to allow you to deliver a class lesson including both flatwork and jumping. You will work with small groups of riders in walk, trot and canter, working on balance and riding position, which may include work both with and without stirrups.

You will progress flatwork to jumping, as an integrated lesson working over ground poles, a single fence, double or related distance.

You will deliver practical stable management sessions covering routine activities such as putting on a bridle, rug or grooming.

The Stage 3 Coach training will develop your skills to allow you to deliver a flat lesson that would be suitable for someone hoping to compete in a novice or prelim dressage competition.

You will also make use of our simulated XC fences, to be able to coach two riders over simulated cross-country fences in an arena, introducing riders to some of the more technical fences of an 80-centimetre course.

Entry Requirements

To be able to undertake the Stage 2 Coach assessment training at Usk Campus, you will need to be a minimum of 17 years old and have achieved the BHS Stage 2 Ride, BHS Stage 2 Care and BHS Stage 2 Lunge qualifications.

PLEASE NOTE: In order to sit the external BHS Stage 3 Coach Assessment you should be 18 years of age and hold the BHS Stage 2 Coaching qualification.

Additional information

Please note that this course is designed to prepare learners for the BHS Stage 2/3 Coaching examinations, however this course does not include exam entry or external assessment.

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