

## BTEC National Foundation Diploma in Sports Coaching and Development Level 3



### In a nutshell

This course has a practical focus and you'll be actively encouraged to join the college's sport academies. This course will help you develop your knowledge to follow a career in this field.

### This course is for you if...

...you have a keen interest in sport and physical health

...you want a practical course

...you want to develop knowledge to follow a career in this field

### What will I be doing?

You'll study modules that may include:



# COURSE INFORMATION LEAFLET

Careers in the Sport and Active Leisure Industry  
Health, Wellbeing and Sport  
Developing Coaching Skills  
Applied Coaching Skills  
Research Project in Sport  
Sport Development  
Self-employment in Sport and Physical Activity  
Sports Psychology  
Nutrition for Physical Performance  
Anatomy and Physiology in Sport  
Sporting Injuries  
Fitness Testing  
Fitness Training  
Technical and Tactical Skills in Sport  
Rules, Regulations and Officiating in Sport  
Practical Sports Application  
Influence of Technology in Sport and Physical Activity  
Organising Events in Sport and Physical Activities  
Ethical and Current Issues in Sport  
Marketing Communications  
Corporate Social Responsibility in Sport

At our Torfaen Learning Zone & Bleanau Gwent Learning Zone Campuses, you'll also have the opportunity to study a Certificate in Sports Leadership and the Certificate in Fitness Instructing.

You'll be assessed through practical and written assignments, presentations, portfolio work and observation. On completion you'll achieve:

Level 3 Sports Coaching & Development  
Appropriate supporting qualifications to broaden your skill set and meet the needs of industry

[Skills Activities](#)

[Maths and English](#) (if you haven't achieved a Grade C or above at GCSE level)

## What is expected of me?

To enrol, you'll need a minimum of 5 GCSEs Grade C or above to include either Maths/Maths Numeracy or English/Welsh First Language or an appropriate Level 2 Diploma qualification at

Apply online at [www.colegwent.ac.uk](http://www.colegwent.ac.uk)

[studentrecruitment@colegwent.ac.uk](mailto:studentrecruitment@colegwent.ac.uk) | 01495 333777 (Croesawn alwadau yn Gymraeg)





## COURSE INFORMATION LEAFLET

Merit Grade and either GCSE Grade C or above in Maths/Maths Numeracy or English/Welsh First Language.

Practical participation is essential in completing this course. Full commitment to attendance is required, as well as respect for others, enthusiasm for the subject and self-motivation.

### What comes next?

Successful completion of the Year 1 Foundation Diploma will allow you to progress on to the second year and complete the full Extended Diploma.

From there, progression routes include University level courses and employment in the sport and leisure industry e.g. community coaching, the fitness industry and sports development.

### Additional information

Crosskeys Campus - Additional costs include up to £82.50 for kit, £50.00 for trips and £57.50 for Dragons Transportation/D of E Registration/D of E Camping fees.

TLZ - Additional costs approximately £80 School kit and £45 for outdoor activities / offsite trips.

TLZ learners will have the opportunity to undertake a range of educational trips and events e.g. Body Power Experience at the NEC, Cardiff Metropolitan University - strength and conditioning classes, University of South Wales - Fitness & health testing, Cwmbran Stadium employment opportunities and reduced membership fees, D of E, Male and Female Football, Netball teams, Coaching qualifications (NARS Pool Lifeguard & FAW)

BGLZ has a variety of sports teams to participate in that play in a range of leagues including rugby, football, netball and basketball.

All learners have the opportunity to apply for Erasmus funding and visit a European country as part of their studies.