

VTCT Certificate in Body Massage and Stone Therapy Level 3



In a nutshell

This course will give you essential skills and knowledge, together with an industry-recognised professional qualification in Swedish Body Massage and Stone Therapy, enabling you to gain insurance to work with clients and improving your employment prospects.

This course is for...

...anyone wanting to work in the beauty industry, especially in a spa environment offering a range of therapies.

Course content

During this course you will study:

- Health and safety
- Anatomy and physiology
- Posture and common postural faults



COURSE INFORMATION LEAFLET

Swedish Massage and Stone Therapy movements and their applications
Contra-indications to massage, and contra actions that may be experienced following a massage
Aftercare and homecare advice

Initially, practical classes will allow you to develop your personal massage skills on other students; once you've gained some confidence, you'll work on paying clients for case studies and assessment. You'll undertake theory work and home study which is essential for some anatomy, physiology and project work, and be assessed on practical work and in theory lessons.

Apply online at www.coleggwent.ac.uk

studentrecruitment@coleggwent.ac.uk | 01495 333777 (Croesawn alwadau yn Gymraeg)

